



## Attention deficit hyperactive disorder

### 注意力異常的過動兒(英文)

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#### Definition

When compared to children of similar age and mental cognition, children of attention deficit hyperactive disorder often display inappropriate intensity of attention span and impulsivity level.

#### Common clinical presentation

Short attention span, emotional disturbance, poor impulse control, behavior deviation and related learning or cognitive problems, or even social adaptation problem and parent-child relationship problems are all possible clinical phenomenon.

#### Intervention method

Before starting intervention project, have doctors assess and diagnose the true cause of attention deficit and hyperactive conduct, as well as impulsivity. General speaking, doctors would prescribe medication or make referral of psychological assistance base on patients' individual conditions in order to assist autism children.

#### The following suggestions are general principles

1. Think and interact positively with your child
2. Avoid saying "no" to your child.
3. Have your child proceed to one thing at a time because one goal is more achievable than multiple tasks and also it helps your child retain confidence.

4. Make your instructions slow and clear to your child,
5. Help your child increase attention span by associating verbal information with visual aids.
6. Regulate your child's daily routine.
7. Avoid fussy environment.
8. Avoid stimulating food.

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若有任何疑問，請不吝與我們聯絡  
電話：(04) 22052121 分機 2128、2132  
中國醫藥大學兒童醫院